

Parramatta West A NSW Public School

The West Weekly

Issue 33- Term 4 - Week 4

31st October , 2016

Principal's Message

What fabulous concerts last week! Congratulations to all students and their wonderful teachers who worked so hard all year to learn such varied skills and pull it all together for two evenings of entertainment. Thank you to the parents who have supported the children.

Mrs Aye, who has worked so hard all year with the drama and recorder groups, as well as teaching classes, will be on leave for the rest of the year. She is expecting a baby and her asthma has been making life difficult for her. Miss Afzal will be taking her classes for the rest of the year.

Kindergarten Orientation

We have three more sessions with our kindergarten 2017 students, starting this Wednesday. We are enjoying getting to know our newest recruits, and hope that they all attend these days, as it helps them get used to us too.

Brain training

Last week I wrote about brain training - making yourself do things differently like cleaning your teeth with your left hand, and thinking of varied uses for common objects. Please go to our public facebook page to see the ideas people are having for uses of a CD. Let's be creative and work our brains.

This week I want to talk about Todd Sampson's second access point for improving your brain. It is probably one that you have heard of before - visualisation. There are two aspects to this. One is about memory, and about attaching pictures and stories to things that you want to remember. If we attach a picture to something we are more likely to remember it. We use mnemonics to help children remember things like the order of the planets. There are many of these, for example: My Very Educated Mother Just Serves Us Nachos. The other aspect is actually visualizing ourselves doing something - this is commonly used in sports coaching. The idea is that you think through exactly what you are going to do, without actually doing it. Your brain doesn't really know the difference, so when you come to the doing, it is easier because you have practiced.

Lengthy holidays

It is that time of year when people are planning holidays. If you are going to be away and will not return at the start of next year, please make sure that you have told us so that we can reserve a place for your child in a class. The school is very full, and if you have moved out of our catchment area and do not return at the start of the school year, you will lose your child's place unless we have documentation that says when you are returning.

Please also consider carefully when you take holidays. Learning does continue until the end of the school year. Holidays should be taken during the school holidays. Taking children out of school for long periods of time has a negative impact on their learning.

Respect

Respect is one of our school expectations. Unfortunately in today's society our children too often hear people being disrespectful. This can be in the street, on TV or radio,

people using inappropriate language. This week I am asking all parents to have a conversation with their children about what respectful language sounds like, and how to react if someone speaks inappropriately to them... it could be swearing or belittling, bullying language. My best response to someone who speaks like that is to say something like "I don't want to talk to someone who talks like that", or "I don't respond to that language", and walk away.

Staffing 2017

The school is growing, and has a number of new appointments to be made for next year. Several of these require an interview panel. These panels include parent representatives, who complete an online training process of about 1 hour. We need parent representatives from the P&C, and from our non English speaking background community. To ensure equity, we also need to ensure that there is at least one male on the panel. With most of our teacher representatives being female, obtaining a male for each panel can be difficult. Being on a panel will require at least two full days at school.

If you are interested in finding out more, please see Mrs Donaldson as soon as possible.

Have a great week,

Anthea Donaldson

Principal

Class Awards

KA Fadhilat

KH Isaac

KK Riyana

KL Aryan

KN Anaya

KR Laura-Lye

KS Kesitaike

1F Abbas

1G Hussein

1H Jaap

1J Zaina

1L Nizzar

1/2A Laura

2B Baris

2H Mafua

2L Amelia

2N Matt

MCT Gani

Stage News

Kindergarten

Congratulations to all those who performed in last week's Big Night Out. It was really great to see students who had committed to their activities throughout the year and then perform so well in front of an audience. Thank you to the teachers who have helped them!

Disco

The K-2 disco is on this Wednesday from 4:00 to 5:30 in the school hall. Tickets are only \$5 and they include a snack and a drink. The children always love an opportunity to dance and dress up with their friends!

Topic talks

This week students are asked to prepare a talk on their favourite place to visit and why they like it. We have been looking at places and what makes them special during our Geography lessons this term.

Assembly

It is KK's turn to host the assembly again and present something they have been working on with Mrs Knedl. Parents are welcome to attend. It is on Friday in the school hall at 2pm.

Have a great week!

Miss Richards

Year 1 and Year 2

Wow! Congratulations to everyone involved in our Big Night Out performances last week! We have so many talented students at PWPS and many talented teachers! Thank you to parents and caregivers who came along to support both events.

This Wednesday we have our K-2 Disco. It starts at 4pm and goes until 5:30pm. Tickets are still on sale and can be bought on the night too. They cost \$5 and include a

drink and a snack. Students are allowed to dress up in a costume if they want to, although no face masks or face paint please. Glow products will also be available to buy on Wednesday at the Disco. Can't wait to see everyone there!

Topic talks: Year 1 students are presenting their advertisements this week about the product they designed last week. Year 2 and 1/2A are trying to persuade their class to do something they're passionate about. We're hoping to hear lots of persuasive words used this week!

Have a great week!

Miss Langhans

Year 3

Congratulations to all of our talented students who performed in the concerts last week for the Big Night Out. I am sure audiences would agree that they provided great entertainment and are developing strong skills in dance, drama and music. I know that this has inspired students to try out for some of our performing arts groups next year.

Tomorrow we are looking forward to Russ the Bus arriving. Please make sure your child has their book ready for the book exchange! James Roy – a popular Australian author – will also be visiting PWPS and speaking to our students. Check out our Facebook page for some more information on this great author.

Have you bought your disco tickets? The disco is on this Wednesday. Tickets can be purchased for \$5 before school or when you arrive at the disco.

This year, our school will once again be supporting Operation Christmas Child, putting together gift boxes for children less fortunate than us. Each class is putting together a box (or two!) and your child may have volunteered to contribute a particular item. If you have any questions please ask your child's teacher.

Maths focus for this week: Fractions

Look for learning links on our Facebook page.

- Dividing a whole into equal parts
- Writing fractions as a whole
- Finding fractions of a group

Have a wonderful week everyone! I am sure I will see many of you at the disco on Wednesday night!

Miss Stuart

Year 4 and Year 5

Application for Year 7 selective high school placement in 2018 Government primary schools

Applications for entry into 2018 selective high schools is now open until 14 November 2016. All applications must be completed online at www.schools.nsw.edu.au/shsplacement . An intention to apply letter will be sent home to all students and information booklets are available from the front office. If you have any questions please contact your child's teacher or you may speak with Mrs Donaldson regarding the application process.

Year 5 Student Leadership Program

This is the final week for the Year 5 online leadership program. Students can access the program through their school gmail account and google classroom. Next week students will be supported in writing their applications to be a school leader in 2017.

School Disco

A reminder that the 3-6 disco is on Wednesday between 6pm & 7.30pm. Students will be able to purchase glow products before the disco and tickets \$5. All money raised

goes towards the Year 6 farewell and their gift for the school.

Enjoy the week,

Mr Clarke

Year 6

The **Mini Fete** is coming up on **Tuesday November 8th**. All students have been allocated a stall to prepare and have taken home a note to inform their parents. This week students can start bringing in decorations, money boxes or any products or prizes for their stall.

Last Friday Mrs Donaldson met with 10 students who had completed their 40 book reading target in order to congratulate them and discuss their reading journey. Please continue to support your child by promoting the importance of reading and maintaining high expectations. There are still 7 weeks left of school – plenty of time to reach their targets.

The **disco** is on this **Wednesday night** and all money raised goes towards the Year 6 Farewell. We encourage all year 6 students to attend in order to support the fundraising efforts.

Year 6 Reading Target Results

- Successfully Achieved 40 or more novels = 32 students
- 36% of the grade have achieved their target
- 61% of students are on track to achieve their target of 40 novels.

Mathematics Focus Areas

- Understanding mixed and improper number fractions

Technology is a great tool for learning and a wonderful source of entertainment. At the same time, it is vital that parents engage in discussions with their children about safety and responsibility online. Many online games include interactive chat lines which our students are actively using. Please continue to encourage and monitor respectful and responsible online interactions.

Mrs Rhodes

Library News

Book Club has been ordered and should arrive some time this week.

Just a reminder that should a book show signs of needing repair please return it and I will repair it.

Please do not repair it at home.

A number of students have overdue loans please return these as soon as possible.
Children should be borrowing on a regular basis.

Mrs Sell



Attention Parramatta West, It Is Disco Time

Stage Two is hosting a **Halloween Themed Disco** WEDNESDAY, 2nd NOVEMBER, 2016 In Parramatta West Public School Hall.

Times will be announced next week.

All students K-6 **MUST** be picked up by a parent/carer

Cost is \$5 (includes entry, drink and snack) Dress in your favourite costume **no masks or face paint**. Glow products will be available

for purchase

Tickets may be pre-purchased using a separate order form or at the table in the upper playground near the bubblers before school from Wednesday morning.

MINI FETE

The Mini Fete will be held on **Tuesday 8th November** from 11.15am to 1.00pm.

There will be loads of fantastic stalls including:

- Lolly stalls
- Face Paint
- Haunted House
- Jumping Castle
- Cupcakes
- Internet Café
- Basketball Shootout
- Soccer Shootout
- Drink stalls
- Nail Polish
- Obstacle courses
- Tattoos
- Paper Toss Games
- Sponge Throw
- Race Car Mania
- Can Toss Games



Start saving your money for this exciting event!

Canteen News

We are now on FACEBOOK and INSTAGRAM. Please search Kids Snack Shack and Like Us to see items and specials. Also see all the wonderful food that is available, fresh.

We have Halal and Vegetarian items.

Thank you for all your support.

Renee and the Team.

Operation Christmas Child

The SRC are currently supporting a program called Operation Christmas Child. Thank you for those who have already made generous donations to this cause!

Your children may have come home asking for a donation from one of the areas:

- Something to love (teddy, doll, car)
- Something to wear (t-shirt, socks, hat)
- Something to play with (ball)
- Something for school (pencils, pencil case, ruler)
- Something for personal hygiene (soap, comb, tooth brush)
- Something special (bag, sun glasses, torch)

Please remember that these product need to be unused due to customs restrictions. Donations need to be received by the Wednesday 16th November, so that they can be shipped to a child living in poverty by Christmas time.

Thank you for your continued support.

Miss McSpadden

The simplest way

...to make overnight oats.

Make this simple recipe the night before, then rise and shine to a healthy breakfast.

Overnight oats

Preparation time: 5 minutes

Serves: 1



Ingredients:

- ¼ cup oats (raw, unprocessed or toasted)
- 4-6 cubes of frozen mango
- ¼ cup natural yoghurt
- ¼ cup muesli
- ½ cup berries (whole or puréed)

Method:

Layer ingredients in to a clean jar (salsa dip or coffee jars are ideal or use a plastic jar if you want a portable breakfast on the go).

Store in the fridge overnight. Add some milk in the morning to get the consistency you like. Enjoy straight from the jar.

**For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit**

The Eat It To Beat It program is supported by the Western Sydney
Local Health District Live Life Well @ School Program.



Health
Western Sydney
Local Health District



Parramatta West Public School

Cnr Auburn & Young Sts Parramatta, NSW, 2150

P: 02 9635 9347

F: 02 9687 1151

E: parramattw-p.school@det.nsw.edu.au

[Unsubscribe](#)