

# Monday 24 August, 2020

## **Dear Parents and Carers,**



WELCOME TO WEEK 6 OF TERM 3



#### **2021 KINDERGARTEN ENROLMENTS**

Kindergarten enrolments for 2021 are now due. Please complete the enrolment form online via our school website or contact our office to begin the process.

#### **COVID-19 TESTING**

We appreciate that the Parramatta West community have been so supportive throughout the current pandemic. Our parents have been very responsive in ensuring that children stay away when they are unwell and this has no doubt assisted in keeping the rest of our students and staff well.

As you would be aware there have been a number of recent changes to the requirements for school and their operations. One such requirement is the notification to the DoE of all students who have been tested for COVID-19. If your child is unwell and is testing for COVID-19, please notify the office on 9635 9347, or via the school email <a href="mailto:parramattw-p.school@det.nsw.edu.au">parramattw-p.school@det.nsw.edu.au</a>, letting us know the date and location of the testing. We are also now required to sight the negative clearance before students can return to school.

#### **COVID-19 PERSONAL SAFETY**

The NSW Premier and NSW Health have strongly recommended that if you are unable to socially distance, you should wear a mask. This may be the appropriate action required, at the fence line, when picking up your children.

#### AFTERNOON DISMISSAL

We are continuing to try to reduce congestion at the gates in the afternoon during dismissal. Parents are requested to stand back from the gates, leaving the footpath clear for movement. Please ensure grandparents who pick up children are aware. We again request that parents spread out and wait until others have moved on before stepping forward. We thank you for understanding the necessity to improve the procedure and thank you for working with us.

**2:45pm:** Students with siblings to be dismissed first followed by others. Please consider your timing when coming to the gate for collection.

#### RATIONAL - PERSONAL DEVELOPMENT, HEALTH AND PHYSICAL EDUCATION (PDHPE) K-10

Personal Development, Health and Physical Education (PDHPE) develops the knowledge, understanding, skills and attitudes important for students to take positive action to protect and enhance their own and others' health, safety and wellbeing in varied and changing contexts. Physical education is fundamental to the acquisition of movement skills and concepts to enable students to participate in a range of physical activities – confidently, competently and creatively.

The study of PDHPE provides students with the opportunity to enhance and develop resilience and connectedness and learn to interact respectfully with others. Through PDHPE, students develop the skills to research, apply, appraise and critically analyse health and movement concepts in order to maintain and improve their health, safety, wellbeing and participation in physical activity. Students are provided with opportunities to learn, critique and challenge assumptions, attitudes, behaviours and

stereotypes and evaluate a range of health-related sources, services and organisations. They develop a commitment to the qualities and characteristics that promote and develop empathy, resilience, respectful relationships, inclusivity and social justice. Students practise, develop and refine the physical, cognitive, social and emotional skills that are important for engaging in movement and leading a healthy, safe and physically active life.

Learning in PDHPE reflects the dynamic nature of health, safety, wellbeing and participation in physical activity in the context of a diverse and rapidly changing society. It addresses health and physical activity concepts of importance to students and highlights the influences that contextual factors have on personal values, attitudes and behaviours. PDHPE provides students with an experiential curriculum that is contemporary, relevant, challenging and physically active. The syllabus is designed to give all schools flexibility to treat sensitive issues in a manner reflective of their own context and ethos.

Through PDHPE, students develop self-management, interpersonal and movement skills to help them become empowered, self-confident and socially responsible citizens. Students learn in movement, about movement and through movement and are given opportunities to apply and adapt their skills across multiple contexts. The learning experiences in PDHPE provide students with a foundation to actively contribute to, and advocate for, the health, safety and wellbeing of themselves and others in the community and beyond school.

Teunis Ploeg

Principal



#### **SCHOOL PHOTO DAY - THURSDAY 3 SEPTEMBER**

School photographs will take place on *Thursday 3 September*. Many families have already returned their envelopes earlier in the year before COVID-19, which have been retained and are ready to be used. Those families who have not handed an envelope in, will receive a new one today. These can be

returned prior to photo day if preferable, or on the day. Parents who would like a 'Sibling Photograph' need to request an envelope from the school office. Students are expected to wear full school uniform on the day. We encourage all girls to wear navy blue stockings if they are wearing a school dress.

#### WHAT DOES LEARNING TOGETHER MEAN TO YOU? - ED WEEK PHOTO COMPETITION

Thank you to the many families who entered the Education Week 'Learning Together' photo competition and shared wonderful examples of learning in their home environments. It was fantastic to see the many examples of quality learning that can take place within the family home. Our photos included learning through games, making, designing, cooking and creating, as well as families out and about in nature. Our winning photographers won a pack of activities that will continue to promote quality time together in the home.



#### **ATTENDANCE**

Our school day starts at 8:55am. Arriving at school and class on time is important for all students so they do not miss out on learning activities. Being on time helps students learn the importance of being punctual and ensures they have a good routine. Students enjoy having time to be with their friends before going into class.

All lateness is recorded as a partial absence. If it becomes a regular occurrence, how much learning is your child missing?

Late for school?			
If your child misses	That equals	Which is	Over 13 years of schools that is
10 minutes a day	50 minutes a week	1.5 weeks per year	Nearly 1/2 a year of learning lost
20 minutes a day	1 hour 40 minutes a week	2.5 weeks per year	Nearly <b>1 year</b> of learning lost
30 minutes a day	1/2 a day a week	4 weeks per year	Nearly <b>1.5 years</b> of learning lost
1 hour a day	1 day a week	8 weeks per year	Nearly <b>2.5 years</b> of learning lost

#### **PROJECT ROCKITS CYBERSAFETY GRANT**

We're excited to announce that Parramatta West Public School was a successful recipient of the PROJECT ROCKIT Cybersafety Grant. The grant was awarded to 40 schools across Australia. The grant will provide our Year 5 students with PROJECT ROCKIT's empowering cyberbullying webinars in Semester 2. We look forward to engaging in this innovative resource.



### What's coming up this week for kids...



#### **LIBRARY NEWS**

Thank you to every one who purchased from the book fair. The school made \$2100 in commission which will be spent gradually over the next year on Book Club books for the library. Book club has come out with Issue 6 and orders are due to Mrs Sell by Tuesday 8 September.

Mrs Sell has an order from Book Club Issue 5 that belongs to a student who did not write their name on the order.

If this is your order, please see Mrs Sell.

#### THE BOOK FAIR RAFFLE

The winners of our Book Fair Raffle were:

Kindergarten: Mahrose

Stage 1: Saransh and Lava

Stage 2: Zade and Silekshana

Stage 3: Hesam and Thawter

#### **NATIONAL SCIENCE WEEK**

This week our students will recognise National Science Week. Each class will participate in a 2-part lesson that focuses on this year's theme 'The Deep Blue!' Don't forget to ask your child about the STEM Boat Challenge that will take place in each classroom over the course of the week.



### Learn Music on Keyboard at School Term 3 Enrolment

Great songs! Musical activities!
Cool music knowledge!



- Convenient at-school venue
- Small group, 30 min weekly lesson
- Competitive rate
- Instrument not required initially
- Fun introduction to music



## To enrol: www.learnmusicatschool.com.au (02) 9411 3122

VIP Music acknowledges awareness & compliance with the health advice regarding COVID-19.

**VIP** *Music* est. 1984

# Sunsmart Snippet

## Vitamin D





Sensible sun protection does not put people at risk of vitamin D deficiency.

Most kids need just a few minutes of sun exposure, such as playing outside at morning tea, to get enough vitamin D.

Protect your skin when UV is 3 or above.

www.sunsmartnsw.com.au

